



RaRx

PHARMACY X



PATIENT
MEDICATION
GUIDE:

**SUBLINGUAL
SEMAGLUTIDE**



HOW DOES SEMAGLUTIDE WORK?

- > **Lowers blood sugar**
- > **Suppresses the appetite**
- > **Promotes the sensation of “feeling full”**

Semaglutide binds to the GLP-1 receptor which stimulates insulin release and lowers glucagon. These actions lower blood glucose levels. Semaglutide may also delay stomach emptying. This suppresses the appetite and promotes the sensation of “feeling full” longer.

Typically, patients notice a decrease in their appetite within 5-10 days of starting therapy. However, it may take as long as 4 to 5 weeks to reach the max effect. Contact your doctor if you have concerns regarding how well the medication is working. Your dose can be adjusted during therapy.

WHAT ARE THE COMMON SIDE EFFECTS OF SEMAGLUTIDE ?

- > **Abdominal discomfort**
- > **Heartburn**
- > **Constipation**
- > **Diarrhea**
- > **Nausea**

Side effects are more common when starting treatment and tend to become less prominent over time. Contact your doctor if you have questions or concerns regarding side effects.

Seek immediate medical attention if you experience:

- > **Unusual swelling**
- > **Severe abdominal pain**
- > **Difficulty breathing**
- > **Signs of an allergic reaction**


Not all of the potential side effects are listed in this medication guide.

SEMAGLUTIDE SUBLINGUAL SUSPENSION

Your medication is a pharmacy-compounded suspension of **Semaglutide**. It is designed to be taken sublingually (under the tongue). Semaglutide mimics a natural protein in your body called GLP-1 (Glucagon-Like Peptide) that promotes insulin release. GLP-1 analogs are widely used in the treatment of Type II Diabetes and in promoting weight loss.

WHAT IS A COMPOUND?

Compounds are pharmacist-prepared, custom medications designed to meet the unique needs of patients. Healthcare professionals often choose to prescribe compounded medications when mass-produced, commercially manufactured products don't fit a patient's individual needs. Our pharmacy is regulated by State Boards of Pharmacy and strictly adheres to USP standards (United States Pharmacopeia). All the ingredients used in our compounds only come from FDA registered facilities.



HOW DO I TAKE THIS MEDICATION?

To ensure max absorption, keep the solution under the tongue and avoid swallowing until a full minute has passed. Swallowing the medication too soon decreases its effectiveness.

Use the oral syringes supplied to measure the prescribed dose in milliliters.

- > **Fully insert the tip of the oral syringe into the stopper**
- > **Invert the vial and draw up the dose**
- > **Place the tip of the syringe beneath your tongue and gently push the plunger**
- > **Hold the medication in place for 1 to 2 minutes before swallowing**

To prevent washing away the medication or altering its absorption, you should AVOID:

- > **Eating or drinking for 30 to 45 minutes**
- > **Immediately brushing your teeth**
- > **Smoking for 2 hours before or after a dose**



FAQS (FREQUENTLY ASKED QUESTIONS)

What if I miss a dose?

This medication is typically dosed once a day in the morning. We recommend taking it at the same time every day. If you forget a dose, then it is OK to take it later that same day. It is not recommended to take more than one dose per day.

How is the medication stored?

Store the medication at room temperature 60°-77°F and keep away from light. Leave it in its original container and gently shake before drawing up the dose.

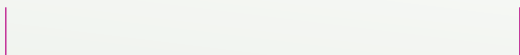
Who should not take this medication?

Semaglutide is currently only recommended for patients between 18 and 75 years.

Semaglutide should not be taken if you are pregnant or breast feeding. Stop taking Semaglutide at least 2 months before a planned pregnancy.



If you have any of the following conditions, please talk to your doctor prior to starting this medication: a personal or family history of medullary thyroid carcinoma (MTC), history of multiple endocrine neoplasia syndrome type 2 (MEN2).





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**Please contact our pharmacy or your
doctor for any additional information,
questions, or concerns.**